

# RECOGNIZING AN OPIOID OVERDOSE

During an overdose, opiates overwhelm certain receptors in the brain, interrupting a key part of the body's impulse to breathe. Breathing slows dangerously or stops. Reversing this process quickly is crucial because without breathing and oxygen, brain damage or death can occur. Quickly recognizing the signs of an opioid overdose and acting appropriately could make all the difference.

## SIGNS INCLUDE:

- ✳ Will not wake up or respond to your voice or touch
- ✳ Breathing is very slow, irregular or has stopped
- ✳ Center part of their eye is very small — sometimes called “pinpoint pupils”
- ✳ Fingernails and lips turning blue or purple
- ✳ Slow heartbeat and/or low blood pressure

For more information visit [NARCAN.com](http://NARCAN.com) or call or stop by  
**North Central Vermont Recovery Center**  
275 Brooklyn St. #2  
Morrisville, VT 05661

**Monday-Friday: 9 AM – 6 PM**  
**Saturday-Sunday: 9 AM - 4 PM**

[ncvrc.com](http://ncvrc.com)  
[recovery@ncvrc.com](mailto:recovery@ncvrc.com)  
802-851-8120



## WHAT IS

## NARCAN® NASAL SPRAY

NARCAN® (naloxone HCl) Nasal Spray is the first and only FDA-approved nasal form of naloxone for the emergency treatment of a known or suspected opioid overdose.

NARCAN® Nasal Spray counteracts the life-threatening effects of opioid overdose. Since most accidental overdoses occur in a home setting, it was developed for first responders, as well as family, friends, and caregivers.

NARCAN® Nasal Spray is not a substitute for emergency medical care. Always get help immediately, even if the person wakes up because they may relapse into respiratory depression. The use of NARCAN® may result in symptoms of acute opioid withdrawal.

**Administer in accordance with the Instructions for Use. Repeated doses may be necessary.**



**Fast. Strong. Proven.**

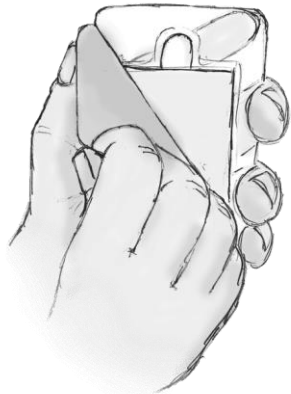
# HOW TO USE

## NARCAN® NASAL SPRAY

In opioid overdose emergencies, recognizing symptoms and taking prompt action is critical to potentially saving a life. If you suspect an opioid overdose, administer NARCAN® Nasal Spray and get emergency medical assistance right away.

### KEY STEPS TO ADMINISTERING NARCAN® NASAL SPRAY:

#### 1. PEEL



Peel back the package to remove the device. Hold the device with your thumb on the bottom of the plunger and 2 fingers on the nozzle.

#### 2. PLACE



Place and hold the tip of the nozzle in either nostril until your fingers touch the bottom of the patient's nose.

#### 3. PRESS



Press the plunger firmly to release the dose into the patient's nose.

**Not a Substitute for Emergency Medical Care.** When administering NARCAN® Nasal Spray, always be sure to call 911 right away, even if the person wakes up. Keep the patient under surveillance or close watch. If breathing does not return to normal or if breathing difficulty resumes, after 2-3 minutes, give an additional dose of NARCAN® Nasal Spray using a new device in the alternate nostril.